



# THE FUTURE OF HEALTHY POPULATION: ADVANCING VISION, ACCELERATING ACTIONS

PHDC'24 AT A GLANCE

21-24 October 2024

Cairo, Egypt



GLOBAL CONGRESS ON  
POPULATION, HEALTH  
AND DEVELOPMENT

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#GlobalPHDC

# THE GLOBAL CONGRESS ON POPULATION, HEALTH AND DEVELOPMENT PHDC '24

## UNDER THE AUSPICES OF H.E. PRESIDENT ABDEL FATTAH EL-SISI



# PREFACE

Building on the success of the first Global Congress on Population, Health and Development (PHDC'23), and following the recommendation of H.E. President Abdel Fattah El-Sisi, I am honored to announce PHDC'24, the next chapter in this crucial dialogue. The world continues to navigate a complex landscape of demographic shifts, evolving social trends, and a rapidly changing global environment. These factors significantly impact health outcomes and our collective pursuit of the UN Sustainable Development Goals, particularly ensuring health and well-being for all.

## Achievements from PHDC'23

The significant progress made in implementing the recommendations set forth by PHDC'23 participants serves as a powerful testament to the collective spirit of this congress. We have witnessed:

- Community Engagement and Empowerment through expanded access to reproductive health services and increased public awareness campaigns.
- Enhanced Funding Mechanisms to ensure the sustainability of population programs, recognizing them as investments in the well-being of Egyptian families.
- Decentralization in Planning and Implementation with engagement across all provincial levels.
- Promoting the Concept of Smaller Families and Child Spacing through Initiatives like the Presidential "The Golden 1000 Days" initiative.
- Integration of Reproductive Health and Population Considerations into Education via dedicated curriculums across all educational levels.
- Revamped Media Strategy using innovative methods to keep the population issue at the forefront of public attention.

- Women Empowerment initiatives are incorporated into the national strategy for population and development 2023-2030 and its action plan.
- Human Resource Development through extensive training programs for outreach workers concerned with population awareness and reproductive health issues.
- Establishment of a Health Economics Unit to conduct crucial research on health and pharmaceutical economics.
- Introducing the One Health Approach that recognizes that the health of people is closely connected to the health of animals and our shared environment.
- Linking Climate Change and Health flagging the important interplay between climate change with the emergence of non-communicable diseases, patterns and spread of infectious diseases, and preparedness for emergencies.

Looking forward, the next PHDC'24 builds upon the momentum of PHDC'23, serving as a vital platform for renewed collaboration. Experts, policymakers, researchers, and practitioners from around the world will convene to explore the ongoing commonalities and complementarity between population, health, and sustainable development. Through a dynamic exchange of ideas, best practices, and forward-thinking solutions, we will chart a course toward achieving the vision of a healthy population by accelerating actions on critical issues. I look forward to welcoming you all in Cairo to explore the best means of achieving the desired health and development outcomes for populations around the world.

Together, let us leverage the power of collective action to build a brighter future for generations to come.



**H.E. Dr. Khaled Abdel Ghaffar**  
Minister of Health and Population





## THE FUTURE OF HEALTHY POPULATION: ADVANCING VISION, ACCELERATING ACTIONS

The world's population is on a dynamic journey, shaping our health and development. While growth can bring economic benefits, it may also present challenges. Ensuring access to essential services and managing resource scarcity become more complex with a growing population. Looming threats like water scarcity, food insecurity, and climate change further endanger a sustainable future.

PHDC 2024 focus goes beyond challenges, it's about navigating and exploring this dynamic landscape, and the population mega trends, with innovative solutions for achieving health for all. We're convening experts, policymakers, and practitioners to tackle these complexities head-on, through exploring how to leverage technology and foster collaboration across sectors to build resilient health systems that are adaptable to population dynamics. This includes empowering individuals and communities through family planning, economic inclusion, ensuring access to affordable medicine and equality.

We recognize the potential within population dynamics. PHDC 2024 will address critical issues like mental health disparities and climate-resilient health systems. We'll explore how to adapt health systems, leverage primary care, and develop creative approaches to meet the evolving needs of a changing population.

Ultimately, PHDC 2024 aspires to chart a global roadmap for a healthier future, where population growth and development work in harmony to advance the vision of a healthy population by accelerating actions towards achieving it.





# PHDC 2024 OBJECTIVES

**1** Deepen the understanding of the interconnectedness between health, population, and sustainable development for a healthier future.

**2** Accelerate action by sharing knowledge and building partnerships to translate ideas into effective solutions.

**3** Shape a healthier tomorrow by mitigating challenges and achieving measurable improvements in global health outcomes.

**4** Develop future-proof approaches by exploring population dynamics, mega trends, and their implications for a changing world.

**5** Empower and equip stakeholders, and drive action through collaborative partnerships.

**6** Promote evidence-based solutions to tackle population, health, and development challenges by translating knowledge into action.



# PHDC 2024 KEY PILLARS

1

## LINKING HEALTH, POPULATION, AND DEVELOPMENT

This pillar addresses the interconnectedness of these critical factors through exploring how population dynamics (growth, migration, urbanization) impact health and development, we can create holistic solutions.

2

## BUILDING RESILIENT HEALTH SYSTEMS

Focusing on strengthening healthcare infrastructure and systems to effectively address population health needs. By ensuring these systems are adaptable and robust, we can handle changing demographics, emerging health threats, and resource constraints.

3

## EMPOWERING INDIVIDUALS AND COMMUNITIES

Recognizing the crucial role individuals and communities play in achieving health and development goals. It focuses on providing them with the knowledge, resources, and tools they need to make healthy choices, participate in decision-making, and advocate for their well-being. This empowers them to become active agents in shaping a healthier future.

4

## ADAPTATION TO A CHANGING WORLD

This pillar acknowledges the constant evolution of our world, including population dynamics and environmental challenges. It focuses on developing mitigation plans, adaptation strategies, and roadmaps to adapt health systems to cope with these changes. This ensures long-term sustainability and the continued well-being of populations.

5

## EQUITY (EQUALITY), ACCESS, AND POPULATION HEALTH

Emphasizing the importance of ensuring everyone has equal access to quality healthcare services, regardless of background or socioeconomic status. By promoting equity and access, we can improve population health outcomes overall. This pillar also recognizes the impact of population dynamics on health and addressing health disparities that might arise due to these factors.





# PHDC 2024 MAIN THEMES

+ Effective governance for resilient health systems

+ Future of healthcare services: leveraging innovation for sustainable population health and development

+ Public Health: from prevention to prediction

+ Investing in health, investing in the future: fostering partnerships for sustainable healthcare

+ Universal health coverage global directions

+ Mental health for all

+ Empowering choices and investing in the next generation: reproductive health and family planning.

+ The demographic trends and dynamics: aging, migration, and population distribution;

+ Economic inclusion and entrepreneurship; Women and Youth Empowerment

+ Climate resilient health systems for global health challenges

+ Multi actor's synergy: access to affordable medicine for all

+ Community engagement for sustainable and inclusive development





# PHDC'24 IN THE KNOW

## When and Where

Four days from the 21<sup>st</sup> to the 24<sup>th</sup> of October 2024

At the St. Regis New Capital Convention Center

The New Administrative Capital, Cairo - Egypt.

## Who Will Attend

- Ministers, politicians
- Civil society representatives
- Non-governmental organizations
- Investors, private sector
- Entrepreneurs
- Researchers, academia and domain specialists
- Media and influencers

## Expected Outcomes

- Gain deeper understanding of global and regional population, health, and development trends.
- Identify actionable links between population, health, and sustainable development.
- Foster collaboration to address population and health challenges.
- Scale up best practices and experiences in population health and development.
- Develop actionable roadmaps for capitalizing opportunities and addressing challenges.
- Advocate for integrating and prioritizing population programs in sustainable development.
- Activate social responsibility towards population and health issues.



Hosted by The Ministry of Health and Population



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